

american

# baby

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READING YOUR  
BABY'S MIND  
WHAT'S GOING

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TIPS  
TRENDS  
& STUFF

## Crib NoTeS



### Calm Down, Baby!

California Baby's I Love You organic-ingredient spritzer is perfect for Valentine's Day. It's a mist scented with sweet orange and ylang-ylang, perfect for massaging baby into a nap.

But if your little one's suffering from a stuffy nose, we like the Colds & Flu mist; the eucalyptus and fir scents help him breathe easy (\$13.50 each; [californiababy.com](http://californiababy.com)).

FOR EVERY BUDGET

## Nursery Planner

FRESH COLORS + FUN STYLES =  
EASY DECORATING